






OCTOBER 2018 BENTON SITE

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
<p>Cards, dominoes & puzzles are available any time. Exercise equipment available during working hours. We are always looking for volunteers! If you would like to see an activity added on our calendar, please call for suggestions at 318-965-9981.</p> <p>Hours of Operation: MON-THUR 9:00am – 1:00pm. Activities are subject to change.</p> <p><i>Please call ahead for your meal reservation.</i></p>						
	<p>1 9:30 Beanbag Baseball</p> <p><i>hello october, please be good.</i></p>	<p>2 9:00 Chair Aerobics 9:30 Beanbag Baseball 11:00 Mind Challenge</p>	<p>3 10:00 Bingo 11:00 Bring Your Coffee Cup for a Pickup-John Chapman</p>	<p>4 9:00 Walk With Ease 10:00 Outing-Red River Revel</p>	<p>5 CLOSED Grocery Shopping Brookshires</p>	6
7	<p>8 9:30 Beanbag Baseball</p>	<p>9 9:00 Chair Aerobics 10:00 Beanbag Baseball 11:00 The fifties-American Bandstand</p>	<p>10 10:00 Bingo 11:00 Nutrition for Elderly 12:00 Balloon Race</p>	<p>11 9:00 Walk With Ease 10:00 Big Bingo 11:00 Would you Rather</p>	<p>12 CLOSED</p>	13
14	<p>15 9:30 Beanbag Baseball</p>	<p>16 9:00 Beanbag Baseball 10:00 Arts & Crafts w/ Cypress Point 11:00 This or That</p>	<p>17 10:00 Bingo w/ Home Professional Health 11:00 Blood Pressure Check 12:00 Learning Mexican Train</p>	<p>18 9:00</p> 	<p>19 CLOSED Grocery Shopping Wal-Mart</p>	20
21	<p>22 9:30 Beanbag Baseball</p>	<p>23 9:00 Chair Aerobics 10:00 Crime Prevention-Tips for Seniors 11:00 Sensory Bin</p>	<p>24 9:00 Hand & Eye Coordination 10:00 Bingo 12:00 Pen Pal</p>	<p>25 State Fair-Senior Day</p> 	<p>26 CLOSED</p>	27
28	<p>29 9:00-12pm OCTOBERFEST HEALTH & WELLNESS FAIR</p>	<p>30 9:00 Chair Aerobics 9:30-11:30 Mystery Murder-Sour Grapes of Wrath</p>	<p>31</p> 	<p>Imperfection is beauty, madness is genius and it's better to be absolutely ridiculous than absolutely boring!!!</p>		