








BENTON ACTIVITES FOR MAY 2019

SU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	S A
<p>Cards, dominoes & puzzles are available any time. Exercise equipment available during working hours. We are always looking for volunteers! If you would like to see an activity added on our calendar, please call for suggestions at 318-965-9981. Hours of Operation: MON-THUR 9:00 am – 1:00pm. Lunch served at 11:30 a.m. Activities are subject to change! Please call ahead for your meal reservation.</p>						
			<p>1 9:00 Senior Trivia 10:00 Bingo 11:00 Cinco De Mayo Celebration</p>	<p>2 9:00 Walk With Ease 10:00 Partners in Pen 11:30 STYLE SHOW @ HILTON GARDEN INN</p>	<p>3 CLOSED </p>	4
5	<p>6 9:30 Beanbag Baseball</p>	<p>7 9:00 Chair Aerobics 10:00 Audience Participation Reading 11:00 Bounce-Off</p>	<p>8 10:00 Bingo 11:00 Problem Solving- Shrinking Vessel 12:00 Recipe Sharing</p>	<p>9 9:00 Walk With Ease 10:00 Arts& Crafts- Rock Painting</p>	<p>10 CLOSED</p>	11
12	<p>13  8:30 MOTHER'S DAY BREAKFAST 9:00 Beanbag Baseball</p>	<p>14 9:00 Chair Aerobics 10:00 Start to Finish 11:00 Crime & Prevention- Insights on Community Safety</p>	<p>15 9:00 General Trivia Game 10:00 Bingo w/ Professional Home Health 12:00 Care Packages</p>	<p>16 9:00 Walk With Ease 10:00 Ukulele Band 11:00 Problem Solving- Balloon Tower</p>	<p>17 CLOSED</p>	18
19	<p>20 9:30 Beanbag Baseball</p>	<p>21 9:00 Chair Aerobics 9:30 Movie Matinee </p>	<p>22 10:00 Bingo 11:00 Nutrition Education- Nutrients You May Be Missing.</p>	<p>23 9:00 Walk With Ease 10:00 Big Bingo 11:00 Why Is Play Important To Seniors?</p>	<p>24 CLOSED FISH FRY AT BCOA</p>	25
26	<p>27 CLOSED </p>	<p>28 9:00 Chair Aerobics 10:00 Paul Revere</p>	<p>29 10:00 Bingo 11:00 Hand & Eye Coordination- Inflatable Ball 12:00 Care Packages</p>	<p>30 9:00 Walk With Ease 10:00 National Senior Health & Fitness Day- Inflatable Ball 11:00 Picnic at Benton Park</p>	<p>31 </p>	