



BENTON SITE ACTIVITY CALENDAR SEPT 2019

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
<p>Cards, dominoes & puzzles are available any time. Exercise equipment available. We are always looking for volunteers! If you would like to see an activity added on our calendar, please call for suggestions at 318-965-9981. Hours of Operation: MON-THUR 9:00am – 1:00pm. Activities are subject to change.</p> <p><i>Please call ahead for your meal reservation.</i></p>						
1		3 9:00 Chair Aerobics 10:00 Stone Balance 11:00 Noodle Balance	4 9:30 Bingo 10:30 Beanbag Baseball	5 9:00 Walk With Ease 9:30 Pet Therapy 10:30 Origami- The Art of Paper Folding	6 CLOSED	7
8	9 9:30 Beanbag Baseball	10 9:00 Chair Aerobics 10:00 Big Bingo 11:00 Time Capsule	11 9:30 Bingo w/ Home Professional Health 10:30 Beanbag Baseball 11:15 Remembering 911	12 9:00 Walk With Ease 10:30 BCOA for lunch 11:30 Red River Aquarium	13 CLOSED	14
15	16 9:30 Beanbag Baseball	17 9:00 Chair Aerobics 	18 9:30 Bingo 10:30 Beanbag Baseball	19 9:00 Walk With Ease 10:00 The Blindfolded Artist 11:00 Pass the Picture	20 CLOSED	21
22	23 9:30 Beanbag Baseball 11:00	24 9:00 Chair Aerobics 10:00 Crime & Prevention- Healthy Aging 11:00 Bubble Party	25 BCOA HEALTH FAIR 9:30 Bingo 10:30 Beanbag Baseball	26 9:00 Walk With Ease 10:00 Funny Skit- Wink Winkerman 11:00 Nature Walk	27 CLOSED	28
29	30 9:30 Beanbag Baseball	National Aging Month	