Northwest Louisiana Consortium Frozen Menu April 2021

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
TRIO Community Meals an elior company			Glazed Ham Oven Roasted Potato Medley Broccoli/Cheese Casserole Dinner Roll Chocolate Chip Cookie Milk Margarine	Meatloaf Brown Gravy Garlic Whipped Potato Green Beans Wheat Bread Birthday Cake Milk Margarine
5	6	7	8	9
Honey Mustard Chicken Oven Roasted Potato Medley Broccoli Dinner Roll Chocolate Coconut Pudding Milk Margarine	Sloppy Joe Chuckwagon Corn Green Beans Hamburger Bun Seasonal Fruit Milk	Cranberry Dijon Chicken Rosemary Potatoes California Vegetables Dinner Roll Cherry Gelatin Milk Margarine	Herb Crusted Pork Cut Yams Peas with Red Peppers Wheat Bread Carnival Cookie Milk Margarine	Sliced Ham Cut Yam Green Beans Dinner Roll Rice Krispie Treat Milk Margarine
12	13	14		16
Chicken Breast w/Gravy Whipped Potatoes Glazed Carrots Wheat Bread Fresh Orange Milk Margarine	Hamburger Beef Patty Lettuce and Tomato Baked Beans Hamburger Bun Hot Spiced Fruit Milk Mustard	Sausage Jambalaya Black-eyed Peas Cabbage Corn Muffin Chocolate Pudding Milk Margarine	Meatloaf with Gravy Garlic Whipped Potatoes Broccoli and Carrots Wheat Bread Sugar Cookie Milk Margarine	Ham and White Beans Stewed Tomatoes Tangy Spinach Corn Muffin Rice Krispie Treat Milk Margarine
19	20	21	22	23
Beef Chili with Beans Whole Kernel Corn Green Beans Corn Muffin Rocky Road Pudding Milk Margarine	Sliced Ham Swiss Cheese Cucumber Tomato Salad Broccoli Salad Wheat Bread (2) Fresh Banana Milk Mayonnaise	Beef Spaghetti Sauce Penne Pasta Italian Vegetables Herbed Green Beans Texas Bread Strawberry Glazed Fruit Milk Margarine	Sesame Chicken Glazed Carrots Japanese Vegetables Wheat Roll Fortune Cookie Milk Margarine	Turkey Breast w/Gravy Lima Beans Spring Vegetables Wheat Bread Fudge Creme Cookie Milk Margarine
Rroaded Chicken Patty	Slicod Turkov Proact	28 Beef Italian Macaroni	Pork Poast with Grayy	Baked Meatballs
Breaded Chicken Patty Country Gravy Ranch Potatoes Green Peas Dinner Roll Vanilla Pudding Milk Margarine	Sliced Turkey Breast Cranberry Orange Sauce Cheese Potato, Corn Casserole Green Beans w/Red Peppers Wheat Bread Seasonal Fruit Milk Margarine	Peas and Carrots Brussel Sprouts Texas Bread Fruited Orange Gelatin Milk Margarine	Pork Roast with Gravy Carrots Amandine Cabbage Corn Muffin Peanut Butter Cookie Milk Margarine	Onion Gravy Whipped Potatoes Brussel Sprouts Wheat Bread Oatmeal Creme Cookie Milk Margarine

Lin Dommest RD, LD

Northwest Louisiana Consortium Frozen Menu May 2021

Monday	Tuesday	Wednesday	Thursday	Friday
3	-	vvcunesady 5		7
Pineapple Chicken Fried Rice Mixed Vegetables Cranberry Juice Dinner Roll Banana Pudding Milk Margarine	Beef Stew Oven Roasted Potato Medley Brussel Sprouts Saltine Crackers Fresh Orange Milk Margarine	Chicken Fajitas Fiesta Vegetables Pinto Beans Flour Tortilla Cherry Gelatin Milk Taco Sauce	Pork Roast w/Onion Gravy Garlic Whipped Potatoes Herbed Green Beans Dinner Roll Oatmeal Cookie Milk Margarine	BBQ Chicken Breast Whole Kernel Corn Mixed Vegetables Hamburger Bun Birthday Cake Milk
10	11	12	13	14
Salisbury Beef with Gravy Twice Whipped Potatoes Spinach Wheat Bread Pineapple Tidbits Milk Margarine	Oven Fried Chicken Whole Kernel Corn Green Beans Dinner Roll Seasonal Fruit Milk Margarine	Sliced Turkey Breast Swiss Cheese Lettuce and Tomato Carrot Slaw Wheat Bread (2) Lime Gelatin Milk Mayonnaise	BBQ Rib Patty Baked Beans Fiesta Vegetables Hamburger Bun Sugar Cookie Milk	Smoked Sausage Lima Beans Okra and Tomatoes Hot Dog Bun Rice Krispie Treat Milk Mustard
17	18	19	20	21
Honey Mustard Chicken Oven Roasted Potato Medley Broccoli Dinner Roll Chocolate Coconut Pudding Milk Margarine	Sloppy Joe Chuckwagon Corn Green Beans Hamburger Bun Seasonal Fruit Milk	Cranberry Dijon Chicken Rosemary Potatoes California Vegetables Dinner Roll Cherry Gelatin Milk Margarine	Herb Crusted Pork Cut Yams Peas with Red Peppers Wheat Bread Carnival Cookie Milk Margarine	Swedish Meatballs Cheesy Whipped Potatoes Green Peas Dinner Roll Oatmeal Creme Cookie Milk Margarine
24	25	26	27	28
Chicken Breast with Gravy Whipped Potatoes Glazed Carrots Wheat Bread Fresh Orange Milk Margarine	Hamburger Beef Patty Lettuce and Tomato Baked Beans Hamburger Bun Hot Spiced Fruit Milk Mustard	Sausage Jambalaya Black-eyed Peas Cabbage Corn Muffin Chocolate Pudding Milk Margarine	Sausage w/Onions & Peppers Ranch Beans Corn O'Brien Hot Dog Bun Rice Krispie Treat Milk Mustard	Ham and White Beans Stewed Tomatoes Tangy Spinach Corn Muffin Rice Krispie Treat Milk Margarine
31				
Closed for Holiday				TRIO Community Meals an elior company

Lin Donnert RD, LD

Northwest Louisiana Consortium Frozen Menu June 2021

All of the second of the				
Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Sliced Ham	Beef Spaghetti Sauce	Sesame Chicken	Turkey Breast w/Gravy
	Swiss Cheese	Penne Pasta	Glazed Carrots	Lima Beans
	Cucumber Tomato Salad	Italian Vegetables	Japanese Vegetables	Spring Vegetables
	Broccoli Salad	Herbed Green Beans	Wheat Roll	Wheat Bread
	Wheat Bread (2)	Texas Bread	Fortune Cookie	Birthday Cake
	Fresh Banana	Strawberry Glazed Fruit	Milk	Milk
	Milk	Milk	Margarine	Margarine
_	Mayonnaise	Margarine	10	44
/	8	9		11
Breaded Chicken Patty	Sliced Turkey Breast	Beef Italian Macaroni	Pork Roast with Gravy	Baked Meatballs
Country Gravy	Cranberry Orange Sauce	Peas and Carrots	Carrots Amandine	Onion Gravy
Ranch Potatoes	Cheese Potato, Corn Casserole	Brussel Sprouts	Cabbage	Whipped Potatoes
Green Peas	Green Beans w/Red Peppers	Texas Bread	Corn Muffin	Brussel Sprouts
Dinner Roll	Wheat Bread	Fruited Orange Gelatin	Peanut Butter Cookie	Wheat Bread
Vanilla Pudding Milk	Seasonal Fruit	Milk	Milk	Oatmeal Creme Cookie Milk
	Milk	Margarine	Margarine	Margarine
Margarine 14	Margarine 15	16	17	18
Pineapple Chicken	Beef Stew	Chicken Fajitas	BBQ Beef	BBQ Chicken Breast
Fried Rice	Oven Roasted Potato Medley	Fiesta Vegetables	Cheesy Potato Casserole	Whole Kernel Corn
Mixed Vegetables	Brussel Sprouts	Pinto Beans	Hawaiian Baked Bean	Mixed Vegetables
Cranberry Juice	Saltine Crackers	Flour Tortilla	Hamburger Bun	Hamburger Bun
Dinner Roll	Fresh Orange	Cherry Gelatin	Oatmeal Cookie	Chocolate Chip Cookie
Banana Pudding	Milk	Milk	Milk	Milk
Milk	Margarine	Taco Sauce		
Margarine	3			
21		23	24	
Salisbury Beef with Gravy	Oven Fried Chicken	Sliced Turkey Breast	BBQ Rib Patty	Smoked Sausage
Twice Whipped Potatoes	Whole Kernel Corn	Swiss Cheese	Baked Beans	Lima Beans
Spinach	Green Beans	Lettuce and Tomato	Fiesta Vegetables	Okra and Tomatoes
Wheat Bread	Dinner Roll	Carrot Slaw	Hamburger Bun	Hot Dog Bun
Pineapple Tidbits	Seasonal Fruit	Wheat Bread (2)	Sugar Cookie	Rice Krispie Treat
Milk	Milk	Lime Gelatin	Milk	Milk
Margarine	Margarine	Milk		Mustard
	20	Mayonnaise		
28	29	30		
Honey Mustard Chicken	Sloppy Joe	Cranberry Dijon Chicken		
Oven Roasted Potato Medley	Chuckwagon Corn	Rosemary Potatoes		
Broccoli	Green Beans	California Vegetables		TRIC
Dinner Roll	Hamburger Bun	Dinner Roll		
Chocolate Coconut Pudding	Seasonal Fruit	Cherry Gelatin		Community Meals
Milk	Milk	Milk		an elior company
Margarine		Margarine		

