

# Northwest Louisiana Consortium

## April 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
Swiss Steak Whole Kernel Corn Broccoli Dinner Roll Seasonal Fruit Milk Margarine	Sausage and White Beans Steamed Rice Turnip Greens Cranberry Juice Cornbread Muffin Vanilla Pudding Milk Margarine	Oven Fried Chicken Rosemary Potatoes Green Beans/Red Peppers Wheat Bread Cherry Gelatin Milk Margarine	Sloppy Joe Twice Whipped Potatoes Parslied Carrots Hamburger Bun Carnival Cookie Milk	Pineapple Glazed Ham Black-eyed Peas Cauliflower Wheat Bread Rice Krispie Treat Milk Margarine
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
Baked Chicken Poultry Gravy Steamed Rice Glazed Carrots Cranberry Juice Wheat Bread Seasonal Fruit Milk Margarine	Sausage Jambalaya Mixed Beans Cabbage White Bread Pineapple Tidbits Milk Margarine	Beef Patty Lettuce   Tomato Baked Beans Hamburger Bun Mixed Fruit Cobbler Milk Mustard	Parmesan Chicken Corn O'Brien Spring Vegetable Blend Wheat Bread Sugar Cookie Milk Margarine	Pork Roast Brown Gravy Garlic Whipped Potatoes Green Beans Dinner Roll Fig Cookie Milk Margarine
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
Grandma's Chicken & Rice Whole Kernel Corn Broccoli White Bread Seasonal Fruit Milk Margarine	Honey Glazed Ham Baked Sweet Potato Collard Greens Cornbread Muffin Seasonal Fruit Milk Margarine	Beef Spaghetti Sauce Spaghetti Noodles Italian Vegetable Blend Herbed Green Peas Garlic Texas Bread Lemon Gelatin Milk	Chili with Beans Glazed Carrots Green Beans/Red Peppers Saltine Crackers Chocolate Chip Cookie Milk	Meatballs w/Onion Gravy Oven Roasted Red Potatoes Brussels Sprouts Wheat Bread Oatmeal Crème Cookie Milk Margarine
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
Country Fried Steak Country Gravy Ranch Potatoes Green Peas Wheat Bread Seasonal Fruit Milk Margarine	Chicken Spaghetti Dilled Carrots Cauliflower Texas Bread Rocky Road Pudding Milk Margarine	Beef Patty Lettuce   Tomato Baked Beans Hamburger Bun Tropical Fruit Crisp Milk Mustard	Pork Roast Brown Gravy Mixed Beans Cabbage Cornbread Muffin Peanut Butter Cookie Milk Margarine	<b>~Birthday Celebration~</b> Popcorn Chicken Potato Wedges Broccoli White Bread Birthday Cake Milk Margarine Ketchup
<b>29</b>	<b>30</b>			
Hamburger Patty Mushroom Gravy Steamed Rice Green Beans Cranberry Juice Wheat Bread Seasonal Fruit Milk Margarine	Fajita Chicken Pinto Beans Fiesta Vegetable Blend Flour Tortilla Fresh Orange Milk Taco Sauce	 <p><b>TRIO</b> Community Meals</p> <p>Nourishment through compassionate care.</p>		

*Kim Dommert RD, LD*

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## May 2024

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
 <p><b>TRIO</b> Community Meals</p> <p>Nourishment through compassionate care.</p>		Ham and Black-eyed Peas Steamed Rice Turnip Greens Apple Juice Cornbread Muffin Cherry Gelatin Milk Margarine	Beef Frank Delmonico Potatoes Baked Beans Hot Dog Bun Oatmeal Cookie Milk Mustard	Beef Stroganoff Corn Casserole Brussels Sprouts Wheat Bread Fudge Crème Cookie Milk Margarine
6	7	8	9	10
<b>~Breakfast Meal~</b> Egg Patty Sausage Patty Hashbrown Potatoes Orange Juice Biscuit Seasonal Fruit Milk Margarine   Assorted Jelly	Barbecue Rib Patty Lima Beans Cabbage Wheat Bread Banana Pudding w/Wafers Milk Margarine	Chicken/Sausage Gumbo Steamed Rice Stewed Tomatoes Apple Juice Saltine Crackers Lime Gelatin Milk	<b>~Mother's Day Meal~</b> Baked Chicken Poultry Gravy Whipped Sweet Potatoes Winter Vegetable Blend Wheat Bread Sugar Cookie Milk Margarine	Swedish Meatballs Whipped Potatoes Peas and Carrots Dinner Roll Oatmeal Crème Cookie Milk Margarine
13	14	15	16	17
Swiss Steak Whole Kernel Corn Broccoli Dinner Roll Seasonal Fruit Milk Margarine	Sausage and White Beans Steamed Rice Turnip Greens Cranberry Juice Cornbread Muffin Vanilla Pudding Milk Margarine	Oven Fried Chicken Rosemary Potatoes Green Beans/Red Peppers Wheat Bread Cherry Gelatin Milk Margarine	Sloppy Joe Twice Whipped Potatoes Parslied Carrots Hamburger Bun Carnival Cookie Milk	Pineapple Glazed Ham Black-eyed Peas Cauliflower Wheat Bread Rice Krispie Treat Milk Margarine
20	21	22	23	24
Baked Chicken Poultry Gravy Steamed Rice Glazed Carrots Cranberry Juice Wheat Bread Seasonal Fruit Milk Margarine	Sausage Jambalaya Mixed Beans Cabbage White Bread Pineapple Tidbits Milk Margarine	Beef Patty Lettuce   Tomato Baked Beans Hamburger Bun Mixed Fruit Cobbler Milk Mustard	<b>~Memorial Day Meal~</b> Sausage w/Onions/Peppers Corn Casserole Broccoli Hot Dog Bun Sugar Cookie Milk Mustard	Pork Roast Brown Gravy Garlic Whipped Potatoes Green Beans Dinner Roll Fig Cookie Milk Margarine
27	28	29	30	31
<b>Closed for Holiday</b>	Honey Glazed Ham Baked Sweet Potato Collard Greens Cornbread Muffin Seasonal Fruit Milk Margarine	Beef Spaghetti Sauce Spaghetti Noodles Italian Vegetable Blend Herbed Green Peas Garlic Texas Bread Lemon Gelatin Milk	Chili with Beans Glazed Carrots Green Beans/Red Peppers Saltine Crackers Chocolate Chip Cookie Milk	<b>~Birthday Celebration~</b> Meatballs w/Onion Gravy Oven Roasted Red Potatoes Brussels Sprouts Wheat Bread Birthday Cake Milk Margarine

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## June 2024

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Country Fried Steak Country Gravy Ranch Potatoes Green Peas Wheat Bread Seasonal Fruit Milk Margarine	Chicken Spaghetti Dilled Carrots Cauliflower Texas Bread Rocky Road Pudding Milk Margarine	Beef Patty Lettuce   Tomato Baked Beans Hamburger Bun Tropical Fruit Crisp Milk Mustard	Pork Roast Brown Gravy Mixed Beans Cabbage Cornbread Muffin Peanut Butter Cookie Milk Margarine	Popcorn Chicken Potato Wedges Broccoli White Bread Graham Crackers Milk Margarine Ketchup
10	11	12	13	14
Hamburger Patty Mushroom Gravy Steamed Rice Green Beans Cranberry Juice Wheat Bread Seasonal Fruit Milk Margarine	Fajita Chicken Pinto Beans Fiesta Vegetable Blend Flour Tortilla Fresh Orange Milk Taco Sauce	Ham and Black-eyed Peas Steamed Rice Turnip Greens Apple Juice Cornbread Muffin Cherry Gelatin Milk Margarine	<b>~Father's Day Meal~</b> Homestyle Meatloaf Brown Gravy Buttermilk Potatoes Broccoli Dinner Roll Oatmeal Cookie Milk Margarine	Beef Stroganoff Corn Casserole Brussels Sprouts Wheat Bread Fudge Crème Cookie Milk Margarine
17	18	19	20	21
<b>~Breakfast Meal~</b> Egg Patty Sausage Patty Hashbrown Potatoes Orange Juice Biscuit Seasonal Fruit Milk Margarine   Assorted Jelly	Barbecue Rib Patty Lima Beans Cabbage Wheat Bread Banana Pudding w/Wafers Milk Margarine	Chicken/Sausage Gumbo Steamed Rice Stewed Tomatoes Apple Juice Saltine Crackers Lime Gelatin Milk	Honey Baked Chicken Northern Beans Winter Vegetable Blend Wheat Bread Sugar Cookie Milk Margarine	Swedish Meatballs Whipped Potatoes Peas and Carrots Dinner Roll Oatmeal Crème Cookie Milk Margarine
24	25	26	27	28
Swiss Steak Whole Kernel Corn Broccoli Dinner Roll Seasonal Fruit Milk Margarine	Sausage and White Beans Steamed Rice Turnip Greens Cranberry Juice Cornbread Muffin Vanilla Pudding Milk Margarine	Oven Fried Chicken Rosemary Potatoes Green Beans/Red Peppers Wheat Bread Cherry Gelatin Milk Margarine	Sloppy Joe Twice Whipped Potatoes Parslied Carrots Hamburger Bun Carnival Cookie Milk	<b>~Birthday Celebration~</b> Pineapple Glazed Ham Black-eyed Peas Cauliflower Wheat Bread Birthday Cake Milk Margarine

  
**TRIO**  
Community Meals

Nourishment through  
compassionate care.

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