



Monday	Tuesday	Wednesday	Thursday	Friday
TRIO Community Meals Neurishment through tempossionate tare.	4	5		Pork Tips with Gravy Buttermilk Potatoes Broccoli Florets Wheat Bread Fig Cookie Milk Margarine
Country Fried Steak Country Gravy Whipped Potatoes Whole Kernel Corn Texas Bread Seasonal Fruit Milk Margarine	Glazed Ham Baked Sweet Potato Broccoli Wheat Bread Rocky Road Pudding Milk Margarine	All Beef Patty Lettuce Tomato Baked Beans Hamburger Bun Mixed Fruit Cobbler Milk Ketchup	BBQ Rib Patty Tater Tot Casserole Cabbage Cornbread Muffin Oatmeal Cookie Milk Margarine	Marinara Meatballs Fiesta Vegetables Cauliflower Dinner Roll Fudge Creme Cookie Milk Margarine
Chicken Pasta Broccoli Florets Parslied Carrots Wheat Bread Seasonal Fruit Milk Margarine	Ham & White Beans Steamed Rice Collard Greens Apple Juice Cornbread Muffin Pineapple Tidbits Milk Margarine	Sliced Turkey Breast Swiss Cheese Lettuce Tomato Pickle Coleslaw Wheat Bread (2 sl) Chocolate Coconut Pudding Milk Mayonnaise Mustard	"Summer Grill" Hot Dog Ranch Beans Cheesy Brussels Sprouts Hot Dog Bun Carnival Cookie Milk Ketchup Mustard Relish	Beef Italiano Garlic Whipped Potatoes Green Peas Wheat Bread Graham Crackers Milk Margarine
Italian Beef Macaroni Rosemary Carrots Cauliflower Wheat Bread Seasonal Fruit Milk Margarine	Chicken Salad Lettuce Tomato Coleslaw Wheat Bread Chocolate Pudding Milk	Sliced Ham Black-eyed Peas Spinach Cornbread Muffin Mandarin Oranges Milk Margarine	Garlic Rosemary Chicken Poultry Gravy Corn Casserole Broccoli Wheat Bread Oatmeal Cookie Milk Margarine	Beef Stew Country Potatoes Green Beans Texas Bread Fudge Creme Cookie Milk Margarine
Chili Dog Potato Wedges Broccoli Hot Dog Bun Seasonal Fruit Milk Ketchup	Taco Meat Lettuce Tomato Shredded Cheese Pinto Beans Whole Kernel Corn Tortilla Chips Seasonal Fruit Milk Taco Sauce Sour Cream	Pork Roast Brown Gravy Garlic Whipped Potatoes Collard Greens Cornbread Muffin Pineapple Tidbits Milk Margarine	~Labor Day Meal~ BBQ Beef Scalloped Corn Cabbage Hamburger Bun Chocolate Chip Cookie Milk Ketchup	Spaghetti w/Meat Sauce Glazed Carrots Cauliflower Texas Bread Birthday Cake Milk Margarine

Lin Dommest RD, LD