



# BCOA 2025 Bearkat Site Daily Activities Calendar

**Operational Hours- M-TH 7:30-4:00p/Fri 7:30-2:30p.**  
Cards, dominoes, puzzles & exercise equipment are available during working hours. We are always looking for volunteers! If you would like to see a specific activity added to our calendar, please call us at 318-741-8302 with your suggestions. Visit our website for additional information. Like us on Facebook! Bossier Council on Aging

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
		1) 9:15 Chair Exercise by Nancy 10:15 Bean Bag Baseball 10:15 Music & Games 12- 3 Pokeno	2) 9:15 Bingocize 10:15 Coffee/Conversation Kevin Hendricks Medicare	3) 9:15 Chair Exercise by Nancy 10:15 Bingo by Passages Hospice	4) 8:30-12:30 AARP Driving Course	5)
6)	7) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Craft: Organizer	8) 9:15 Chair Exercise by Nancy 9:30 Tech Wise 10:15 Bean Bag Baseball 10:15 Golden Oldies/Games 1-2 Line Dancing	9) 9:15 Bingocize 10:15 Chair Yoga with Sue	10) 9:15 Chair Exercise by Nancy 10:15 Bingo by Brookdale	11) Lunch on Site 11:30- 12:00	12)
13)	14) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Music & Puzzles In the Sunroom	15) 9:15 Chair Exercise by Nancy 10:15 Bean Bag Baseball 10:15 Golden Oldies	16) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Golden Egg Scavenger Hunt	17) 9:15 Chair Exercise by Nancy 10:15 Bingo by Old Brownlee Community Care	18) Closed Good Friday	19)
20)	21) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Craft: Straw Hat Wreath	22) 9:15 Chair Exercise by Nancy 10:15 Bean Bag Baseball 10:15 Music & Puzzles 10-12 St Luke's Medical Bus 1-2 Line Dancin g	23) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Birthday Party 12-3 Bunco Group	24) 9:15 Chair Exercise by Nancy 10:15 Bingo by Prime Star Home Health	25) Lunch on Site 11:30- 12:00	26)
27)	28) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Table Games	29) 9:15 Chair Exercise by Nancy 10:15 Bean Bag Baseball 10:15 Checkers/Dominoes	30) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Music in the Sunroom			