

August

BCOA 2025 Bearkat Site Daily Activities Calendar

Operational Hours- M-TH 7:30-4:00p.
Friday 7:30-2:30p.

Open for exercise equipment, pool, shuffleboard, games. On-site lunch available with prior reservation. Check Bossier Council on Aging Facebook page or Bossier Council on Aging website for more information. All activities are subject to change. Please call us at 318-741-8302 for information.

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
	<u>NOTE: IMPORTANT INFORMATION</u> Reservations must be made in advance of the current day using the Kiosk to ensure a meal is reserved for you.				1) Site open 7:30-2:30 2)	
3)	4) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Craft: Wooden Plaque	5) 9:15 Chair Exercise by Nancy 10:15 Bean Bag Baseball 10:15 Trivia with Trinity 12-3 Pokeno	6) 9:15 Bingocize 10:15 Phone Help by Trinity	7) 9:15 Chair Exercise by Nancy 10:15 Bingo by Passages Hospice	8) Site open 7:30-2:30	9)
10)	11) 9:15 Walk with Ease 10:15 Chair Yoga with Sue 10:15 Craft: Paint Crosses	12) 9:15 Chair Exercise by Nancy 10:15 Bean Bag Baseball 10:15 Checkers/ Dominos 1-2 Line Dancing	13) 9:15 Walk with Ease 10:15 Chair Yoga with Sue 10:15 Table Games	14) 9:15 Chair Exercise by Nancy 10:15 Bingo by Brookdale	15) Site open 7:30-2:30	16)
17)	18) 9:15 Walk with Ease 10:15 Chair Yoga with Sue 10:15 Craft: Mesh Wreaths	19) 9:15 Chair Exercise by Nancy 10:15 Bean Bag Baseball 10:15 Music & Puzzles/Games	20) 9:15 Walk with Ease 10:15 Chair Yoga with Sue 10:15	21) 9:15 Chair Exercise by Nancy 10:15 Bingo by Gables Assisted Living	22) Site open 7:30-2:30	23)
24)	25) 9:15 Walk with Ease 10:15 Chair Yoga with Sue 10:15 Craft: Paper Flowers	26) Life Line Screening 9:15 Chair Exercise by Nancy 10:15 Bean Bag Baseball 10:15 Golden Oldies 10-12 St Luke's Medical Bus 1-2 Line Dancing	27) 9:15 Walk with Ease 10:15 Chair Yoga with Sue 10:15 Birthday Party 12-3 Bunco Group	28) 8:30-10 Voter Registration 9:15 Chair Exercise by Nancy 10:15 Bingo by Prime Star Home Health	29) Site open 7:30-2:30	29)