



BCOA 2025 Bearkat Site Daily Activities Calendar

Operational Hours- M-TH 7:30-4:00p/

Friday 7:30-2:30p. Open for exercise equipment, pool, Shuffleboard, games. On-site lunch available with prior reservation. Check Bossier Council on Aging Facebook page or Bossier Council on Aging website for more information. All activities are subject to change. Please call us at 318-741-8302 for information.

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
1) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Craft: Paint Ceramics	2) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Craft: Paint Ceramics	3) 9:15 Chair Exercise by Nancy 10:15 Bean Bag Baseball 12-3 Pokeno	4) 9:15 Bingocize 10:15 Coffee/Chat with Passages Hospice	5) 9:15 Chair Exercise by Nancy 10:15 Bingo by Old Brownlee	6) Site open 7:30-2:30	7)
8)	9) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Craft-Paint Fans	10) 9:15 Chair Exercise by Nancy 10:15 Bean Bag Baseball 10:15 Games/Puzzles 1-2 Line Dancing	11) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Music from the 50's	12) 9:15 Chair Exercise by Nancy 10:15 Bingo by Brookdale	13) Site open 7:30-2:30	14)
15)	16) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:00 Open House Tours 11:30 Golden Anniversary Ribbon Cutting	17) 9:15 Chair Exercise by Nancy 10:15 Bean Bag Baseball 10:15 Golden Oldies	18) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Dominos	19) 9:15 Chair Exercise by Nancy 10:15 Bingo by ANECA Federal Credit Union	20) Site open 7:30-2:30	21)
22)	23) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Craft: Make Paper Flowers	24) 9:15 Chair Exercise by Nancy 10:15 Bean Bag Baseball 10:15 Learn to Play Pool 10-12 St Luke's Medical Bus 1-2 Line Dancing	25) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Birthday Party 12-3 Bunco Group	26) 9:15 Chair Exercise by Nancy 10:15 Bingo by Prime Star Home Health	27) Site open 7:30-2:30	28)
29)	30) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Music in the Sunroom		Golden Anniversary Celebration	Site Tours Ribbon Cutting Food Trucks Car Show		