

September

BCOA 2023 Bearkat Site Daily Activities Calendar

Operational Hours- M-TH 7:30-4:30p/Fri 7:30-2:30p.
Cards, dominoes, puzzles & exercise equipment are available during working hours. We are always looking for volunteers! If you would like to see a specific activity added to our calendar, please call us at 318-741-8302 with your suggestions. Visit our website for additional information. Like us on Facebook! Bossier Council on Aging

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
	Bossier Council on Aging activities are subject to change. Always call with any questions about our scheduled activities	NOTE: IMPORTANT INFORMATION Reservations must be made in advance of the current day using the Kiosk to ensure a meal is reserved for you.			1) Free Day Friday 7:30-2:30 2)	
3)	4) CLOSED 	5) Wendy Comes Back! 9:15 Chair Exercise by Nancy 10:15 Bean Bag Baseball 10:15 Table Games 12- 3 Pokemo 4-6 Leather Guild	6) 9:15 Talk to Anthony 10:15 Chair Yoga with Sue 10:15 Golden Oldies in the Sunroom	7) 9:15 Coffee & Conversation - Candidates for Senate District 36 & Bossier Parish Sheriff 10:15 Bingo by Freedom Behavioral	8) Free Day Friday 7:30-2:30 9)	
10)	11) 9:15 Coffee & Conversation - Memories of 9/11 10:15 Chair Yoga with Sue 10:15 Golden Oldies in the Sunroom	12) **** FOOD TRUCK **** 9:00-11:00 ASG Insurance 9:15 Chair Exercise by Nancy 10:15 Bean Bag Baseball	13) 9:15 Ice Cream Party 10:15 Chair Yoga with Sue 10:15 Golden Oldies in the Sunroom	14) 9:15 Coffee & Conversation - Police Jury Candidates 10:15 Bingo by Brookdale	15) Free Day Friday 7:30-2:30 16)	
17)	18) 9:15 Snow Cone Party 10:15 Chair Yoga with Sue 10:15 Golden Oldies in the Sunroom	19) 9:15 Chair Exercise by Nancy 10:15 Bean Bag Baseball 10:15 Ice Cream in the Sunroom	20) 9:15 Cookies Party 10:15 Chair Yoga with Sue 10:15 Table Games in the Sunroom	21) 9:00 BCOA Annual Board Meeting 10:15 Bingo by BCOA Board	22) Free Day Friday 7:30-2:30 23)	
24)	25) 9:15 Popcorn Party 10:15 Chair Yoga with Sue 10:15 Golden Oldies in the Sunroom	26) **** FOOD TRUCK **** 9:15 Chair Exercise by Nancy 10:15 Bean Bag Baseball	27) 9:15 Hot Dog Party 10:15 Chair Yoga with Sue 10:15 Golden Oldies in the Sunroom	28) 9:15 Coffee & Conversation - Lagniappe 10:15 Bingo by Old Brownlee Community Care	29) Free Day Friday 7:30-2:30 30)	