

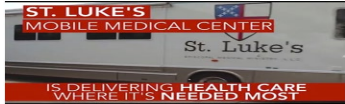




# BENTON ACTIVITIES FOR July 2024

1 SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	S A
<p>Cards, dominoes &amp; puzzles are available any time. Exercise equipment available during working hours. We are always looking for volunteers! If you would like to see an activity added on our calendar, please call for suggestions at 318-965-9981.</p> <p>Hours of Operation: MON-THUR 9:00 am – 12:00pm. Lunch served at 11:30 a.m. <b>Activities are subject to change!</b></p> <p><b>Please call ahead for your meal reservation.</b></p> <p><b>Benton Site 202 Sibley St Benton, LA. 71006</b></p>						
		1 9:00 Coffee/Conversation/Games 10:00 <b>Chair Aerobics w/Julie</b>	2 9:00 Coffee/Conversation/Games 9:15 Chatting with Shawna Everage Hospice Liaison 10:00 Bingo sponsored by Bristol Hospice	3 <b>Start the Conversation Day</b> 9:00 Coffee/Conversation/ 9:15 <b>Stretching Chair Aerobics</b> 10:00 Beanbag Baseball	4 <b>CLOSED</b> 	5
6	7 <b>Global Forgiveness Day</b> 9:00 Coffee/Conversation/Games 9:15 <b>Stretching Chair Aerobics</b> 10:00 Beanbag Baseball	8 9:00 Coffee/Conversation/Games 10:00 <b>Chair Aerobics w/Julie</b>	9 <b>Fashion Day</b> 9:00 Coffee/Conversation/Games 9:15 Sing Along w/Garland 10:00 Bingo sponsored by Garland and Hanna	10 <b>Gospel Day</b> 9:00 Coffee/Conversation/ 9:15 <b>Stretching Chair Aerobics</b> 10:00 Beanbag Baseball	11 <b>CLOSED</b>	12
13	14 <b>National Macaroni &amp; Cheese Day</b> 9:00 Coffee/Conversation/Games 9:15 <b>Stretching Chair Aerobics</b> 10:00 Beanbag Baseball	15 <b>National Give Something Away</b> 9:00 Coffee & conversation/Games 10:00 <b>Chair Aerobics w/Julie</b> 	16 9:00 Coffee/Conversation/Games 9:15 <b>Stretching Chair Aerobics</b> 10:00 Bingo sponsored by Old Brownlee Community Center 	17 9:00 Coffee/Conversation/Games 9:15 <b>Stretching Chair Aerobics</b> 10:00 Beanbag Baseball	18 <b>CLOSED</b>	19
20	21 9:00 Coffee/Conversation/Games 9:15 <b>Stretching Chair Aerobics</b> 10:00 Beanbag Baseball	22 9:00 Coffee & conversation/Games 10:00 <b>Chair Aerobics w/Julie</b>	23 9:00 Coffee/Conversation/Games 9:15 What do you know with Dallas Adams Brand Manager CBT 10:00 Bingo sponsored by CBT Bank and Trust on Fraud	24 9:00 Coffee/Conversation/ 9:15 <b>Stretching Chair Aerobics</b> 10:00 Beanbag Baseball	25 <b>CLOSED</b>	26
<del>27</del>	28 9:00 Coffee/Conversation/Games 9:15 <b>Stretching Chair Aerobics</b> 10:00 Beanbag Baseball	29 <b>National Chicken Wing Day</b> 9:00 Coffee & conversation/Games 10:00 <b>Chair Aerobics w/Julie</b>	30 <b>National Cheesecake Day</b> 9:00 Coffee/Conversation/Games 9:15 Stretching Chair Aerobics 10:00 Bingo 	31 <b>National Chili Dog Day</b> 9:00 Coffee/Conversation/ 9:15 <b>Stretching Chair Aerobics</b> 10:00 Beanbag Baseball		