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| `September | Benton Site202 Sibley StBenton, LA. 71006**Cards, dominoes & puzzles are available any time. Exercise equipment available during working hours. We are always looking for volunteers! If you would like to see an activity added on our calendar, please call for suggestions at 318-965-9981. Hours of Operation: MON-THUR 9:00 am – 12:00 pm. Lunch served at 11:30 am. Activities are subject to change!****Please Call ahead for meal reservation.** |
|  | 2023 |
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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  | 1 | 2 |
|  |  |  | **Blessed Wednesday** |  | **Closed** |  |
| 3 | 4**CLOSED** | 5Talk it Out Tuesday | 6 | 7 | 8 | 9 |
|  |  | 9:00 Coffee/GamesNational Shrink Day10:00 Chair ExerciseTalk it Out Tuesday | 9:00 Coffee/Games10:00 Bingo sponsored by Old Brownlee**National Coffee Ice Cream Sunday Day****Blessed Wednesday** | 9:00 Coffee/Conversation with Tim Turner-Benton Assistant Fire Chief10:00 BeanBag Baseball | **Closed** |  |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
|  | 9:00 Coffee/ /GamesConversation about Reflection on **National Patriot Day**10:00 Bean Bag Baseball  | 9:00 Coffee/conversation w/ Dr. Dale McPhearson, DPT Benton Physical Therapist10:00 Chair Exercise | 9:00 Coffee/Games10:00 Bingo sponsored by CenterWell (Misty)**Blessed Wednesday** | 9:00 Coffee & Musical Celebration with**Ukulelegumbo Band**10:00 BeanBag Baseball | **Closed** |  |
| 17 | 18 | 19Talk it Out Tuesday | 20 | 21 | 22 | 23 |
|  | 9:00 Coffee /GamesConversation **National Respect Day** **How do you spell Respect Aretha?**10:00 BeanBag Baseball | 9:00 St Luke’s Outreach Ministries 10:00 Chair Exercise**Relaxation Day** | 9:00 Coffee/GamesConversation “What are you Thankful for?”10:00 Bingo**Blessed Wednesday** | 9:00 Coffee & Dominoes Championship10:00 BeanBag Baseball | **Closed** |  |
| 24 | 25 | 26Talk it Out Tuesday | 27 | 28 | 29 | 30 |
|  | 9:00 Coffee/ /GamesConversation **wear blue**10:00 BeanBag Baseball | 9:00 Coffee/Games and What’s on your mind! 10:00 Chair Exercise | 9:00 Coffee/GamesConversation “Aging with Grace”10:00 Bingo | 9:00 Coffee/Conversation10:00 BeanBag Baseball **Challenge Day!** Wear Your Favorite Team Shirt | **Closed** |  |
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