|  |  |
| --- | --- |
| `September | Benton Site  202 Sibley St  Benton, LA. 71006  **Cards, dominoes & puzzles are available any time. Exercise equipment available during working hours. We are always looking for volunteers! If you would like to see an activity added on our calendar, please call for suggestions at 318-965-9981. Hours of Operation: MON-THUR 9:00 am – 12:00 pm. Lunch served at 11:30 am. Activities are subject to change!**  **Please Call ahead for meal reservation.** |
|  | 2023 |
|  |  |

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  | 1 | 2 |
|  |  |  | **Blessed Wednesday** |  | **Closed** |  |
| 3 | 4  **CLOSED** | 5  Talk it Out Tuesday | 6 | 7 | 8 | 9 |
|  |  | 9:00 Coffee/Games  National Shrink Day  10:00 Chair Exercise  Talk it Out Tuesday | 9:00 Coffee/Games  10:00 Bingo sponsored by Old Brownlee  **National Coffee Ice Cream Sunday Day**  **Blessed Wednesday** | 9:00 Coffee/Conversation with Tim Turner-Benton Assistant Fire Chief  10:00 BeanBag Baseball | **Closed** |  |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
|  | 9:00 Coffee/ /Games  Conversation about Reflection on **National Patriot Day**  10:00 Bean Bag Baseball | 9:00 Coffee/conversation w/ Dr. Dale McPhearson, DPT Benton Physical Therapist  10:00 Chair Exercise | 9:00 Coffee/Games  10:00 Bingo sponsored by CenterWell (Misty)  **Blessed Wednesday** | 9:00 Coffee & Musical Celebration with  **Ukulelegumbo Band**  10:00 BeanBag Baseball | **Closed** |  |
| 17 | 18 | 19  Talk it Out Tuesday | 20 | 21 | 22 | 23 |
|  | 9:00 Coffee /Games  Conversation  **National Respect Day**  **How do you spell Respect Aretha?**  10:00 BeanBag Baseball | 9:00 St Luke’s Outreach Ministries  10:00 Chair Exercise  **Relaxation Day** | 9:00 Coffee/Games  Conversation “What are you Thankful for?”  10:00 Bingo  **Blessed Wednesday** | 9:00 Coffee & Dominoes Championship  10:00 BeanBag Baseball | **Closed** |  |
| 24 | 25 | 26  Talk it Out Tuesday | 27 | 28 | 29 | 30 |
|  | 9:00 Coffee/ /Games  Conversation **wear blue**  10:00 BeanBag Baseball | 9:00 Coffee/Games and What’s on your mind!  10:00 Chair Exercise | 9:00 Coffee/Games  Conversation “Aging with Grace”  10:00 Bingo | 9:00 Coffee/Conversation  10:00 BeanBag Baseball **Challenge Day!** Wear Your Favorite Team Shirt | **Closed** |  |
|  |  |  |  |  |  |  |