

Bossier Council On Aging
Houghton Site
201 S. Hazel Ave.
Houghton, LA 71037

May 2025

!!! Volunteers are Always Welcome !!!

Operation Hours are Monday – Thursday from 9am to 12:30pm
Lunch is served at 11:30am. Meals must be reserved the day before.
Calendar activities are subject to change without notice.
Suggestions to add activities or concerns, please call (318) 741-8302.

CONGRATULATIONS BCOA on your 50TH ANNIVERSARY !!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Happy Birthday Denny Rogers 5/11 Rachelle Breithaupt 5/30 Dennis Harlan 5/30						
				1	2	3
				9:15 – Balance Exercise 9:30 – National Day of Prayer 10:15 – Bean Bag Baseball 		
4	5	6	7	8	9	10
	9:15 – Bingo-cise 10:00 – Minden Medical Speaker – Sarah & Pokeno 	9:00 – St. Luke's Medical Mission 9:15 – Low Impact Exercise  10:15 – Bingo	9:15 – Bingo-cise 10:15 – White Elephant Food Game	9:15 – Balance Exercise 9:45 – Coffee & Conversation 10:15 – Bean Bag Baseball 		
11	12	13	14	15	16	17
	9:15 – Bingo-cise 10:00 – Passages Hospice Speaker & Games 	9:15 – Low Impact Exercise 9:45 – Trivia : 60's TV 10:15 – Bingo 	9:15 – Bingo-cise 10:15 – Game Day: Dominos, Wahoo, Cards	9:15 – Balance Exercise 9:45 – Coffee & Conversation 10:15 – Bean Bag Baseball 	BearKat Site – FISH FRY	
18	19	20	21	22	23	24
	9:15 – Bingo-cise 10:00 – Bossier Library Memorial Day Remember 	9:15 – Low Impact Exercise 10:15 – Bingo 	9:15 – Bingo-cise 10:15 – Arts & Crafts	9:15 – Balance Exercise 9:45 – Coffee & Conversation 10:00 – Bean Bag Baseball 		
25	26	27	28	29	30	31
	9:15 – Bingo-cise 10:00 – Bean Bag Baseball 	9:15 – Low Impact Exercise 9:45 – Trivia : 60's Music 10:15 – Bingo 	9:15 – Bingo-cise 10:15 – Game Day: Dominos, Wahoo, Cards	9:15 – Balance Exercise 9:45 – Coffee & Conversation 10:00 – Bean Bag Baseball 		