

Northwest Louisiana Consortium

August 2020

Monday	Tuesday	Wednesday	Thursday	Friday
1 Breaded Chicken Patty Country Gravy Brussel Sprouts Whole Kernel Corn Wheat Bread Seasonal Fruit Milk	2 Pineapple Glazed Ham Parslied Potatoes Broccoli Wheat Bread Rocky Road Pudding Milk	3 Beef Patty Lettuce Tomato Baked Beans Wheat Hamburger Bun Hot Rosy Applesauce Milk Ketchup	4 Pork Rib Patty Tater Tot Casserole Fiesta Vegetables Wheat Bread Oatmeal Cookie Milk	Beef Italiano Parslied Carrots Venetian Vegetables Wheat Bread Fudge Creme Cookie Milk
8 Meatloaf Brown Gravy Whipped Potatoes Green Beans Wheat Bread Chocolate Pudding Milk	9 Smoked Sausage Ranch Beans Sliced Carrots Hot Dog Bun Seasonal Fruit Milk Mustard	10 Sliced Turkey Breast Swiss Cheese Lettuce Tomato Broccoli Salad Wheat Bread (2) Lime Gelatin Milk Mayonnaise	11 Ham and Northern Beans Okra and Tomatoes Cabbage Cornbread Muffin Carnival Cookie Milk	1 Confetti Chicken Garlic Whipped Potatoes Green Peas Wheat Bread Graham Crackers Milk
15 Turkey Sloppy Joe Tater Gems Whole Kernel Corn Wheat Hamburger Bun Fresh Orange Milk	16 Chicken Salad Lettuce Tomato Green Pea Salad Wheat Bread (2) Seasonal Fruit Milk	17 Sliced Ham Mixed Beans Cabbage Dinner Roll Fruited Lemon Gelatin Milk	18 Garlic Rosemary Chicken Chicken Gravy Peas and Carrots California Vegetables Wheat Bread Oatmeal Cookie Milk	1 Beef Stew Country Potatoes Green Beans Wheat Bread Fudge Crème Cookie Milk
22 BBQ Beef Cheesy Whipped Potatoes Broccoli Hamburger Bun Chocolate Chip Pudding Milk	23 Turkey Spaghetti Sauce Penne Pasta Whole Kernel Corn Italian Vegetables Wheat Bread Seasonal Fruit Milk	24 Chicken Gumbo Buttered Rice Green Beans Cranberry Juice Saltine Crackers Cherry Gelatin Milk	25 Pork Roast Brown Gravy Succotash Collard Greens Cornbread Muffin Chocolate Chip Cookie Milk	2 <i>~Birthday Celebration~</i> Swiss Steak Brown Gravy Whipped Potatoes Summer Vegetables Wheat Bread Birthday Cake Milk
29 Turkey Italian Macaroni Parslied Carrots Green Peas Wheat Bread Seasonal Fruit Milk	30 Sliced Turkey Breast w/Gravy Buttermilk Potatoes Green Beans w/Red Peppers Wheat Bread Chocolate Coconut Pudding Milk	31 Chef Salad Cucumber Tomato Salad Fluffy Fruit Salad Saltine Crackers Seasonal Fruit Milk Ranch Dressing	 <p>TRIO Community Meals an elior company</p>	

Kim Dommert RD, LD

Kim Dommert, RD, LD

Northwest Louisiana Consortium

Frozen Menu

September 2022

Monday	Tuesday	Wednesday	Thursday	Friday
 TRIO Community Meals an elior company			1 ~ Labor Day ~ Beef Frank Cheesy Potatoes Ranch Beans Hot Dog Bun Sugar Cookie Milk Ketchup	Swiss Steak Brown Gravy Whipped Potatoes Summer Vegetables Wheat Bread Birthday Cake Milk
5	6	7	8	
Closed for Holiday	BBQ Chicken Scalloped Potatoes Green Beans Hamburger Bun Seasonal Fruit Milk	Sausage and Pinto Beans Steamed Rice Spinach Orange Juice Wheat Bread Orange Gelatin Milk	Herb Crusted Pork Onion Gravy Black-Eyed Peas Cabbage Wheat Bread Peanut Butter Cookie Milk	Salisbury Beef Brown Gravy Ranch Potatoes Brussel Sprouts Wheat Bread Rice Krispie Treat Milk
12	13	14	15	1
Breaded Chicken Patty Country Gravy Brussel Sprouts Whole Kernel Corn Wheat Bread Seasonal Fruit Milk	Pineapple Glazed Ham Parslied Potatoes Broccoli Wheat Bread Rocky Road Pudding Milk	Beef Patty Lettuce Tomato Baked Beans Wheat Hamburger Bun Hot Rosy Applesauce Milk Ketchup	Pork Rib Patty Tater Tot Casserole Fiesta Vegetables Wheat Bread Oatmeal Cookie Milk	Turkey Chili with Beans Corn O'Brien Spring Vegetables Saltine Crackers Oatmeal Creme Cookie Milk
19	20	21	22	2
Meatloaf Brown Gravy Whipped Potatoes Green Beans Wheat Bread Chocolate Pudding Milk	Smoked Sausage Ranch Beans Sliced Carrots Hot Dog Bun Seasonal Fruit Milk Mustard	Sliced Turkey Breast Swiss Cheese Lettuce Tomato Broccoli Salad Wheat Bread (2) Lime Gelatin Milk Mayonnaise	Ham and Northern Beans Okra and Tomatoes Cabbage Cornbread Muffin Carnival Cookie Milk	Beef Italiano Parslied Carrots Venetian Vegetables Wheat Bread Fudge Creme Cookie Milk
26	27	28	29	3
Turkey Sloppy Joe Tater Gems Whole Kernel Corn Wheat Hamburger Bun Fresh Orange Milk	Chicken Salad Lettuce Tomato Green Pea Salad Wheat Bread (2) Seasonal Fruit Milk	Sliced Ham Mixed Beans Cabbage Dinner Roll Fruited Lemon Gelatin Milk	Garlic Rosemary Chicken Chicken Gravy Peas and Carrots California Vegetables Wheat Bread Oatmeal Cookie Milk	Confetti Chicken Garlic Whipped Potatoe: Green Peas Wheat Bread Graham Crackers Milk

Kim Dommert RD, LD

Kim Dommert, RD, LD