

# Northwest Louisiana Consortium

## September 2023

Monday	Tuesday	Wednesday	Thursday	Friday
 <p><b>TRIO</b> Community Meals an elior company</p>				1 Salisbury Steak Brown Gravy Ranch Potatoes Summer Vegetable Blend Wheat Bread Rice Krispie Treat Milk Margarine
				8 Beef Chili with Beans Corn O'Brien Spring Vegetable Blend Saltine Crackers Oatmeal Crème Cookie Milk
4 <i>Closed for Holiday</i>	5 Shredded BBQ Chicken Cheesy Potatoes Green Beans Wheat Hamburger Bun Banana Pudding w/Wafers Milk Margarine	6 Sausage and Pinto Beans Steamed Rice Spinach Orange Juice Cornbread Muffin Orange Gelatin Milk Margarine	7 Herb Crusted Pork Onion Gravy Black-eyed Peas Cabbage Wheat Bread Peanut Butter Cookie Milk Margarine	15 Beef Italiano Parslied Carrots Cauliflower Garlic Texas Bread Fudge Creme Cookie Milk
11 Country Fried Steak Country Gravy Brussels Sprouts Whole Kernel Corn Texas Bread Seasonal Fruit Milk Margarine	12 Pineapple Glazed Ham Parslied Potatoes Broccoli Wheat Bread Rocky Road Pudding Milk Margarine	13 Beef Patty Lettuce   Tomato Baked Beans Wheat Hamburger Bun Hot Spiced Fruit Milk Ketchup	14 Pork Rib Patty Tater Tot Casserole Fiesta Vegetable Blend Cornbread Muffin Oatmeal Cookie Milk Margarine	22 Meatloaf with Gravy Garlic Whipped Potatoes Green Peas Wheat Bread Graham Crackers Milk Margarine
18 Smothered Meatballs Field Peas Parslied Carrots Wheat Bread Seasonal Fruit Milk Margarine	19 Sausage/Onions/Peppers Ranch Beans Brussels Sprouts Hot Dog Bun Chocolate Pudding Milk Mustard	20 Sliced Turkey Breast Swiss Cheese Lettuce   Tomato   Pickle Corn Salad Wheat Bread (2 slices) Mixed Fruit Milk Mayonnaise   Mustard	21 Ham and White Beans Okra and Tomatoes Cabbage Cornbread Muffin Carnival Cookie Milk Margarine Mayonnaise	29 ~ <i>Birthday Celebration</i> ~ Beef Stew Country Potatoes Green Beans Texas Bread Birthday Cake Milk Margarine
25 Beef Italian Macaroni Parslied Carrots Spinach Wheat Bread Seasonal Fruit Milk Margarine	26 Chicken Salad Lettuce   Tomato Green Pea Salad Wheat Bread (2 slices) Diced Peaches Milk	27 Sliced Ham Mixed Beans Cabbage Cornbread Muffin Fruited Lemon Gelatin Milk Margarine	28 Garlic Rosemary Chicken Poultry Gravy Glazed Beets Winter Vegetable Blend Wheat Bread Oatmeal Cookie Milk Margarine	

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