

Northwest Louisiana Consortium

Frozen Menu

April 2021

Monday	Tuesday	Wednesday	Thursday	Friday
				
			1	2
			Glazed Ham Oven Roasted Potato Medley Broccoli/Cheese Casserole Dinner Roll Chocolate Chip Cookie Milk Margarine	Meatloaf Brown Gravy Garlic Whipped Potato Green Beans Wheat Bread Birthday Cake Milk Margarine
5	6	7	8	9
Honey Mustard Chicken Oven Roasted Potato Medley Broccoli Dinner Roll Chocolate Coconut Pudding Milk Margarine	Sloppy Joe Chuckwagon Corn Green Beans Hamburger Bun Seasonal Fruit Milk	Cranberry Dijon Chicken Rosemary Potatoes California Vegetables Dinner Roll Cherry Gelatin Milk Margarine	Herb Crusted Pork Cut Yams Peas with Red Peppers Wheat Bread Carnival Cookie Milk Margarine	Sliced Ham Cut Yam Green Beans Dinner Roll Rice Krispie Treat Milk Margarine
12	13	14	15	16
Chicken Breast w/Gravy Whipped Potatoes Glazed Carrots Wheat Bread Fresh Orange Milk Margarine	Hamburger Beef Patty Lettuce and Tomato Baked Beans Hamburger Bun Hot Spiced Fruit Milk Mustard	Sausage Jambalaya Black-eyed Peas Cabbage Corn Muffin Chocolate Pudding Milk Margarine	Meatloaf with Gravy Garlic Whipped Potatoes Broccoli and Carrots Wheat Bread Sugar Cookie Milk Margarine	Ham and White Beans Stewed Tomatoes Tangy Spinach Corn Muffin Rice Krispie Treat Milk Margarine
19	20	21	22	23
Beef Chili with Beans Whole Kernel Corn Green Beans Corn Muffin Rocky Road Pudding Milk Margarine	Sliced Ham Swiss Cheese Cucumber Tomato Salad Broccoli Salad Wheat Bread (2) Fresh Banana Milk Mayonnaise	Beef Spaghetti Sauce Penne Pasta Italian Vegetables Herbed Green Beans Texas Bread Strawberry Glazed Fruit Milk Margarine	Sesame Chicken Glazed Carrots Japanese Vegetables Wheat Roll Fortune Cookie Milk Margarine	Turkey Breast w/Gravy Lima Beans Spring Vegetables Wheat Bread Fudge Creme Cookie Milk Margarine
26	27	28	29	30
Breaded Chicken Patty Country Gravy Ranch Potatoes Green Peas Dinner Roll Vanilla Pudding Milk Margarine	Sliced Turkey Breast Cranberry Orange Sauce Cheese Potato, Corn Casserole Green Beans w/Red Peppers Wheat Bread Seasonal Fruit Milk Margarine	Beef Italian Macaroni Peas and Carrots Brussel Sprouts Texas Bread Fruited Orange Gelatin Milk Margarine	Pork Roast with Gravy Carrots Amandine Cabbage Corn Muffin Peanut Butter Cookie Milk Margarine	Baked Meatballs Onion Gravy Whipped Potatoes Brussel Sprouts Wheat Bread Oatmeal Creme Cookie Milk Margarine

Kim Dommert RD, LD

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May 2021

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Pineapple Chicken Fried Rice Mixed Vegetables Cranberry Juice Dinner Roll Banana Pudding Milk Margarine	Beef Stew Oven Roasted Potato Medley Brussel Sprouts Saltine Crackers Fresh Orange Milk Margarine	Chicken Fajitas Fiesta Vegetables Pinto Beans Flour Tortilla Cherry Gelatin Milk Taco Sauce	Pork Roast w/Onion Gravy Garlic Whipped Potatoes Herbed Green Beans Dinner Roll Oatmeal Cookie Milk Margarine	BBQ Chicken Breast Whole Kernel Corn Mixed Vegetables Hamburger Bun Birthday Cake Milk
10	11	12	13	14
Salisbury Beef with Gravy Twice Whipped Potatoes Spinach Wheat Bread Pineapple Tidbits Milk Margarine	Oven Fried Chicken Whole Kernel Corn Green Beans Dinner Roll Seasonal Fruit Milk Margarine	Sliced Turkey Breast Swiss Cheese Lettuce and Tomato Carrot Slaw Wheat Bread (2) Lime Gelatin Milk Mayonnaise	BBQ Rib Patty Baked Beans Fiesta Vegetables Hamburger Bun Sugar Cookie Milk	Smoked Sausage Lima Beans Okra and Tomatoes Hot Dog Bun Rice Krispie Treat Milk Mustard
17	18	19	20	21
Honey Mustard Chicken Oven Roasted Potato Medley Broccoli Dinner Roll Chocolate Coconut Pudding Milk Margarine	Sloppy Joe Chuckwagon Corn Green Beans Hamburger Bun Seasonal Fruit Milk	Cranberry Dijon Chicken Rosemary Potatoes California Vegetables Dinner Roll Cherry Gelatin Milk Margarine	Herb Crusted Pork Cut Yams Peas with Red Peppers Wheat Bread Carnival Cookie Milk Margarine	Swedish Meatballs Cheesy Whipped Potatoes Green Peas Dinner Roll Oatmeal Creme Cookie Milk Margarine
24	25	26	27	28
Chicken Breast with Gravy Whipped Potatoes Glazed Carrots Wheat Bread Fresh Orange Milk Margarine	Hamburger Beef Patty Lettuce and Tomato Baked Beans Hamburger Bun Hot Spiced Fruit Milk Mustard	Sausage Jambalaya Black-eyed Peas Cabbage Corn Muffin Chocolate Pudding Milk Margarine	Sausage w/Onions & Peppers Ranch Beans Corn O'Brien Hot Dog Bun Rice Krispie Treat Milk Mustard	Ham and White Beans Stewed Tomatoes Tangy Spinach Corn Muffin Rice Krispie Treat Milk Margarine
31				
<i>Closed for Holiday</i>				 <p>TRIO Community Meals an elior company</p>

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Northwest Louisiana Consortium

Frozen Menu

June 2021

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Sliced Ham Swiss Cheese Cucumber Tomato Salad Broccoli Salad Wheat Bread (2) Fresh Banana Milk Mayonnaise	Beef Spaghetti Sauce Penne Pasta Italian Vegetables Herbed Green Beans Texas Bread Strawberry Glazed Fruit Milk Margarine	Sesame Chicken Glazed Carrots Japanese Vegetables Wheat Roll Fortune Cookie Milk Margarine	Turkey Breast w/Gravy Lima Beans Spring Vegetables Wheat Bread Birthday Cake Milk Margarine
7	8	9	10	11
Breaded Chicken Patty Country Gravy Ranch Potatoes Green Peas Dinner Roll Vanilla Pudding Milk Margarine	Sliced Turkey Breast Cranberry Orange Sauce Cheese Potato, Corn Casserole Green Beans w/Red Peppers Wheat Bread Seasonal Fruit Milk Margarine	Beef Italian Macaroni Peas and Carrots Brussel Sprouts Texas Bread Fruited Orange Gelatin Milk Margarine	Pork Roast with Gravy Carrots Amandine Cabbage Corn Muffin Peanut Butter Cookie Milk Margarine	Baked Meatballs Onion Gravy Whipped Potatoes Brussel Sprouts Wheat Bread Oatmeal Creme Cookie Milk Margarine
14	15	16	17	18
Pineapple Chicken Fried Rice Mixed Vegetables Cranberry Juice Dinner Roll Banana Pudding Milk Margarine	Beef Stew Oven Roasted Potato Medley Brussel Sprouts Saltine Crackers Fresh Orange Milk Margarine	Chicken Fajitas Fiesta Vegetables Pinto Beans Flour Tortilla Cherry Gelatin Milk Taco Sauce	BBQ Beef Cheesy Potato Casserole Hawaiian Baked Bean Hamburger Bun Oatmeal Cookie Milk	BBQ Chicken Breast Whole Kernel Corn Mixed Vegetables Hamburger Bun Chocolate Chip Cookie Milk
21	22	23	24	25
Salisbury Beef with Gravy Twice Whipped Potatoes Spinach Wheat Bread Pineapple Tidbits Milk Margarine	Oven Fried Chicken Whole Kernel Corn Green Beans Dinner Roll Seasonal Fruit Milk Margarine	Sliced Turkey Breast Swiss Cheese Lettuce and Tomato Carrot Slaw Wheat Bread (2) Lime Gelatin Milk Mayonnaise	BBQ Rib Patty Baked Beans Fiesta Vegetables Hamburger Bun Sugar Cookie Milk	Smoked Sausage Lima Beans Okra and Tomatoes Hot Dog Bun Rice Krispie Treat Milk Mustard
28	29	30		
Honey Mustard Chicken Oven Roasted Potato Medley Broccoli Dinner Roll Chocolate Coconut Pudding Milk Margarine	Sloppy Joe Chuckwagon Corn Green Beans Hamburger Bun Seasonal Fruit Milk	Cranberry Dijon Chicken Rosemary Potatoes California Vegetables Dinner Roll Cherry Gelatin Milk Margarine		 <p>TRIO Community Meals an elior company</p>

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