## Northwest Louisiana Consortium Frozen Menu October 2021

Monday	Tuesday	Wednesday	Thursday	Friday
				1
				Confetti Chicken
				Garlic Whipped Potatoes
TRIO				Broccoli
INIO				Wheat Bread
Community Meals				Birthday Cake
an elior company				Milk
	_		_	Margarine
4	5	6	/	8
Swiss Steak	Sausage Jambalaya	Cranberry Dijon Chicken	Ham and Lima Beans	Salisbury Beef
Lima Beans	Whole Kernel Corn	Delmonico Potatoes	Stewed Tomatoes	Brown Gravy
Glazed Carrots	Green Beans	Green Peas	Cabbage	Ranch Potatoes
Wheat Bread	Dinner Roll	Wheat Bread	Corn Muffin	Green Beans
Lime Gelatin	Seasonal Fruit	Mandarin Oranges	Chocolate Chip Cookie	Wheat Bread
Milk	Milk	Milk	Milk	Fudge Crème Cookie
Margarine	Margarine	Margarine	Margarine	Milk
11	12	13	14	Margarine 15
Salisbury Steak	Parmesan Chicken	Beef Patty	Turkey Breast with Gravy	Taco Meat
Whipped Potatoes	Rosemary Potatoes	Lettuce   Tomato   Onion	Cut Yams	Pinto Beans
Sliced Carrots	Green Beans	Tater Tot Casserole	Brussel Sprouts and Corn	Fiesta Vegetable Blend
Wheat Bread	Wheat Bread	Hamburger Bun	Dinner Roll	Flour Tortilla
Mississippi Mud Pudding	Fresh Orange	Hot Pineapple Tidbits	Peanut Butter Cookie	Fudge Creme Cookie
Milk	Milk	Milk	Milk	Milk
Margarine	Margarine	Mustard	Margarine	Taco Sauce
Wargarine	Widigarine	Ketchup	Wargarine	raco sauce
18	19	20	21	22
Meatloaf	Beef Frank	Chicken Gumbo	Savory Chicken	Beef Stew
Brown Gravy	Baked Pinto Beans	Steamed Rice	Red Mashed Potatoes	Whipped Potatoes
Garlic Whipped Potatoes	Tater Gems	Green Peas	Japanese Vegetable Blend	Spring Vegetable Blend
Spinach	Hot Dog Bun	Cranberry Juice	Wheat Bread	Wheat Bread
Corn Muffin	Fresh Orange	Saltine Crackers	Sugar Cookie	Oatmeal Creme Cookie
Vanilla Pudding	Milk	Cherry Gelatin	Milk	Milk
Milk	Mustard	Milk	Margarine	Margarine
Margarine				
25	26	27	28	29
Creole Steak	Smoked Sausage	Sloppy Joe	Beef Chili with Beans	Beef Italiano
Cheesy Whipped Potatoes	Red Kidney Beans	Ranch Potatoes	Crispy Cubed Potatoes	Succotash
Mixed Vegetables	Carrots	Mixed Beans	Shredded Cheese	Broccoli
Wheat Bread	Hot Dog Bun	Hamburger Bun	Whole Kernel Corn	Wheat Bread
Chocolate Chip Pudding	Seasonal Fruit	Orange Gelatin	Saltine Crackers	Birthday Cake
Milk	Milk	Milk	Carnival Cookie	Milk
Margarine	Mustard		Milk	Margarine
			Margarine	

Lin Donnert RD, LD

## Northwest Louisiana Consortium Frozen Menu November 2021

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Baked Meatballs	BBQ Chicken Breast	Beef and Bean Burrito	Pork Roast	Chicken Cacciatore
Tomato Sauce	Baked Beans	Corn O'Brien	Raisin Sauce	Italian Vegetable Blend
Spaghetti Noodles	Tuscany Vegetable Blend	Carrots	Lima Beans	Green Peas with Red Peppers
Green Beans	Wheat Bread	Lemon Gelatin	Broccoli	Dinner Roll
Garden Vegetable Blend	Fresh Orange	Milk	Wheat Bread	Rice Krispie Treat
Garlic Texas Toast	Milk	Taco Sauce	Peanut Butter Cookie	Milk
Chocolate Pudding	Margarine		Milk	Margarine
Milk		10	Margarine	10
8	Part Front	10	11	12
Lemon Pepper Chicken	Beef Frank	Beef Chili with Beans	BBQ Pork Rib Patty	Ham and Northern Beans
Chicken Gravy	Baked Beans Glazed Carrots	Steamed Rice	Ranch Beans	Steamed Rice
Country Potatoes		California Vegetable Blend	Stewed Tomatoes	Spinach
Brussel Sprouts Biscuit	Hot Dog Bun Seasonal Fruit	Apple Juice Saltine Crackers	Hamburger Bun Sugar Cookie	Orange Juice Corn Muffin
	Milk	Banana Pudding w/Wafers	Milk	Oatmeal Creme Cookie
Applesauce Milk		Milk	IVIIIK	Milk
	Mustard	IVIIIK		
Margarine 15	16	17	18	Margarine 19
Swiss Steak	Sausage Jambalaya	Cranberry Dijon Chicken	Ham and Lima Beans	Country Fried Steak
Lima Beans	Whole Kernel Corn	Delmonico Potatoes	Stewed Tomatoes	Country Gravy
Glazed Carrots	Green Beans	Green Peas	Cabbage	Garlic Whipped Potatoes
Wheat Bread	Dinner Roll	Wheat Bread	Corn Muffin	Capri Vegetable Blend
Lime Gelatin	Seasonal Fruit	Mandarin Oranges	Chocolate Chip Cookie	Texas Bread
Milk	Milk	Milk	Milk	Fudge Creme Cookie
Margarine	Margarine	Margarine	Margarine	Milk
	<b>g</b>	<b></b>	J	Margarine
22	23	24	25	26
Salisbury Steak	Parmesan Chicken	Turkey Breast with Gravy	Sliced Ham	Taco Meat
Whipped Potatoes	Rosemary Potatoes	Cranberry Sauce	Cut Yams	Pinto Beans
Sliced Carrots	Green Beans	Mashed Spiced Yams	Brussel Sprouts and Corn	Fiesta Vegetable Blend
Wheat Bread	Wheat Bread	Green Beans w/Red Peppers	Dinner Roll	Flour Tortilla
Mississippi Mud Pudding	Fresh Orange	Dinner Roll	Peanut Butter Cookie	Birthday Cake
Milk	Milk	Carrot Raisin Cake	Milk	Milk
Margarine	Margarine	Milk	Margarine	Taco Sauce
		Margarine		
29	30			
Meatloaf	Beef Frank			
Brown Gravy	Baked Pinto Beans			TDIO
Garlic Whipped Potatoes	Tater Gems			TRIO
Spinach	Hot Dog Bun			
Corn Muffin	Fresh Orange			Community Meals
Vanilla Pudding	Milk			an elior company
Milk	Mustard			
Margarine				



## Northwest Louisiana Consortium Frozen Menu December 2021

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Chicken Gumbo	Savory Chicken	Beef Stew
		Steamed Rice	Red Mashed Potatoes	Whipped Potatoes
TDIO		Green Peas	Japanese Vegetable Blend	Spring Vegetable Blend
INIO		Cranberry Juice	Wheat Bread	Wheat Bread
Community Meals		Saltine Crackers	Sugar Cookie	Oatmeal Creme Cookie
an elior company		Cherry Gelatin	Milk	Milk
		Milk	Margarine	Margarine
6	7	8	9	10
Creole Steak	Smoked Sausage	Sloppy Joe	Glazed Ham	Beef Italiano
Cheesy Whipped Potatoes	Red Kidney Beans	Ranch Potatoes	Mashed Spiced Yams	Succotash
Mixed Vegetables	Carrots	Mixed Beans	Green Beans with Onions	Broccoli
Wheat Bread	Hot Dog Bun	Hamburger Bun	Biscuit	Wheat Bread
Chocolate Chip Pudding	Seasonal Fruit	Orange Gelatin	Carnival Cookie	Fudge Crème Cookie
Milk	Milk	Milk	Milk	Milk
Margarine	Mustard		Margarine	Margarine
13	14	15	16	17
Baked Meatballs	BBQ Chicken Breast	Beef and Bean Burrito	Pork Roast	Chicken Cacciatore
Tomato Sauce	Baked Beans	Corn O'Brien	Raisin Sauce	Italian Vegetable Blend
Spaghetti Noodles	Tuscany Vegetable Blend	Carrots	Lima Beans	Green Peas with Red Peppers
Green Beans	Wheat Bread	Lemon Gelatin	Broccoli	Dinner Roll
Garden Vegetable Blend	Fresh Orange	Milk	Wheat Bread	Rice Krispie Treat
Garlic Texas Toast	Milk	Taco Sauce	Peanut Butter Cookie	Milk
Chocolate Pudding	Margarine		Milk	Margarine
Milk			Margarine	
20	21	22	23	24
Lemon Pepper Chicken	Beef Frank	Beef Chili with Beans	Pork Roast	Ham and Northern Beans
Chicken Gravy	Baked Beans	Steamed Rice	Brown Gravy	Steamed Rice
Country Potatoes	Glazed Carrots	California Vegetable Blend	Whipped Potatoes	Spinach
Brussel Sprouts	Hot Dog Bun	Apple Juice	Green Peas	Orange Juice
Biscuit	Seasonal Fruit	Saltine Crackers	Dinner Roll	Corn Muffin
Applesauce	Milk	Banana Pudding w/Wafers	Applesauce Cake	Birthday Cake
Milk	Mustard	Milk	Milk	Milk
Margarine	20	20	Margarine	Margarine
Series Steels	28	Crambarra Diian Chiabar	30	31
Swiss Steak	Sausage Jambalaya	Cranberry Dijon Chicken	Sliced Ham	Country Fried Steak
Lima Beans	Whole Kernel Corn	Delmonico Potatoes	Red Eye Gravy	Country Gravy
Glazed Carrots	Green Beans	Green Peas	Black-eyed Peas	Garlic Whipped Potatoes
Wheat Bread	Dinner Roll	Wheat Bread	Cabbage	Capri Vegetable Blend
Lime Gelatin	Seasonal Fruit	Mandarin Oranges	Corn Muffin	Texas Bread
Milk	Milk	Milk	Chocolate Chip Cookie	Fudge Creme Cookie
Margarine	Margarine	Margarine	Milk	Milk
			Margarine	Margarine

