


# BCOA 2022 Plain Dealing Site

Visit our website for additional information:  
[www.bossiercoa.org](http://www.bossiercoa.org). Like us on Facebook!  
 Bossier Council on Aging  
 Hours of Operation: M-TH 8:30a – 12:00p  
 Lunch served @ 11:30

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
2)	3) <b>Site Closed No Services Provided</b>	4) 9:15 Chair Exercise 10:00 Bingo (\$1 per sheet with 8 regular games & 1 single for Black out) Cash, credit or punch card	5) 9:15 Chair Yoga 10:30 Arts & Crafts	6) 9:15 Bean Bag Baseball 11:00 Devotional	7)	8)
9)	10) 9:15 Chair Exercise 10:00 Coffee & Conversation MLK Celebration	11) 9:15 Chair Exercise 10:00 Bingo (\$1 per sheet with 8 regular games & 1 single for Black out) Cash, credit or punch card	12) 9:15 Chair Yoga 10:30 Arts & Crafts	13) 9:15 Bean Bag Baseball 11:00 Devotional	14)	15)
16)	17) <b>Site Closed No Services Provided</b> 	18) 9:15 Chair Exercise 10:00 Bingo (\$1 per sheet with 8 regular games & 1 single for Black out) Cash, credit or punch card	19) 9:15 Chair Yoga 10:30 Arts & Crafts	20) 9:15 Bean Bag Baseball 11:00 Devotional	21)	22)
23)	24) 9:15 Chair Exercise 10:00 Coffee & Conversation "Senior Isolation"	25) 9:15 Chair Exercise 10:00 Bingo (\$1 per sheet with 8 regular games & 1 single for Black out) Cash, credit or punch card	26) 9:15 Chair Yoga 10:30 Arts & Crafts	27) 9:15 Bean Bag Baseball 11:00 Devotional	28)	29)
30)	31) 9:15 Chair Exercise 10:00 Magazine Scavenger Hunt	<b><u>NOTE: IMPORTANT INFORMATION</u></b> Reservations must be made at least 24 hours in advance of the current day using the Kiosk to ensure a meal is provided for you.	Bossier Council on Aging activities are subject to change. Always call with any questions about our scheduled activities	<b>BCOA cost per meal is \$5.25, and your contributions are appreciated.</b>		

**Welcome Back!**

*RU Ready?*

*Well, We Certainly Are!*

*Bossier Council on Aging is  
reopening our sites!*

*Tuesday, January 4, 2022*

*We Can't Wait to See You.*



**Bossier Council on Aging**

**A Bright Adventure for Your Golden Years**

**Bearkat Site**  
706 Bearkat Drive  
Bossier City, LA 71111  
318-741-8302  
M-Th 8-1

**Benton Site**  
202 Sibley  
Benton, LA 71006  
318-965-9981  
M-Th 9-1

**Houghton Site (Time Split)**  
201 S. Hazel  
2001 Forest Hills Blvd  
Houghton, LA 71037  
318-415-8355  
M-Th 9-1

**Plain Dealing Site**  
600 S. Perrin  
Plain Dealing, LA 71064  
318-759-2808  
M-Th 9-1

