Northwest Louisiana Consortium Frozen Menu October 2022

Monday	Tuesday	Wednesday	Thursday	Friday	
3	A CONTRACTOR OF THE PARTY OF TH	5	6		
Swiss Steak Whole Kernel Corn Glazed Carrots Wheat Bread Fresh Orange Milk	Sausage Jambalaya Mixed Beans Green Beans Wheat Bread Seasonal Fruit Milk	Turkey Taco Pinto Beans Fiesta Vegetables Flour Tortilla Lime Gelatin Milk Taco Sauce	Ham and Lima Beans Okra and Tomatoes Cabbage Cornbread Muffin Chocolate Chip Cookie Milk	Beef Stew Country Potatoes Green Beans Wheat Bread Birthday Cake Milk	
10	11	12	13	1	
Salisbury Steak Stewed Tomatoes Green Peas Wheat Bread Rocky Road Pudding Milk	Parmesan Chicken Rosemary Potatoes Green Beans Wheat Bread Fresh Orange Milk	Hamburger Patty Lettuce Tomato Onion Baked Beans Hamburger Bun Hot Rosy Applesauce Milk Ketchup	Pork Roast Onion Gravy Northern Beans Brussel Sprouts Wheat Bread Peanut Butter Cookie Milk	Cranberry Dijon Chicker Delmonico Potatoes Green Peas Wheat Bread Fudge Crème Cookie Milk	
Meatloaf 17	18	19	20	2	
Brown Gravy Garlic Whipped Potatoes Parslied Carrots Wheat Bread Seasonal Fruit Milk	Baked Beans Tater Gems Hot Dog Bun Fresh Orange Milk Mustard	Meatballs w/Mushroom Gravy Steamed Rice Green Peas Cranberry Juice Wheat Bread Cherry Gelatin Milk	Savory Chicken Red Mashed Potatoes Japanese Vegetables Wheat Bread Sugar Cookie Milk	Beef Stew Whole Kernel Corn Spring Vegetables Wheat Bread Oatmeal Creme Cookie Milk	
Creole Steak	Smalled Course	26	27	2	
Brussel Sprouts Mixed Vegetables Wheat Bread Chocolate Chip Pudding Milk	Smoked Sausage Red Kidney Beans Carrots Hot Dog Bun Seasonal Fruit Milk	Turkey Sloppy Joe Ranch Potatoes Mixed Beans Hamburger Bun Seasonal Fruit Milk	Glazed Ham Mashed Spiced Yams Green Beans w/Red Peppers Wheat Bread Carnival Cookie Milk	Turkey Italian Macaroni Whole Kernel Corn Broccoli Wheat Bread Fudge Creme Cookie Milk	
Turkey Chili with Beans					
Shredded Cheese Crispy Cubed Potatoes Whole Kernel Corn Saltine Crackers Carnival Cookie Milk				TRIO Community Meals an elior company	

Lin Donner RD, UD

Northwest Louisiana Consortium

Frozen Menu

November 2022

		2	75	THE RESERVE	
Monday	Tuesday	Wednesday	Thursday	Friday	
	BBQ Chicken Breast Pinto Beans Tuscany Vegetables Wheat Bread Fresh Orange Milk	Ham and Northern Beans Steamed Rice Spinach Orange Juice Cornbread Muffin Lemon Gelatin Milk	Pork Roast Raisin Sauce Lima Beans Broccoli Wheat Bread Peanut Butter Cookie Milk	Chicken Cacciatore Summer Vegetables Green Peas Wheat Bread Birthday Cake Milk	
Lemon Pepper Chicken	Beef Frank	9 Turkey Chili with Beans	Pork Rib Patty		
Country Potatoes Brussel Sprouts Wheat Bread Applesauce Milk	Baked Beans Glazed Carrots Hot Dog Bun Seasonal Fruit Milk Mustard	Steamed Rice Whole Kernel Corn Cranberry Juice Saltine Crackers Banana Pudding w/Wafers Milk	Ranch Beans Stewed Tomatoes Hamburger Bun Sugar Cookie Milk	Beef and Bean Burrito Cauliflower Carrots Oatmeal Creme Cookie Milk Taco Sauce	
Swiss Steak	Saucage Jewhal	10	17	MERCHANICAL STREET	
Whole Kernel Corn Glazed Carrots Wheat Bread Fresh Orange Milk	Sausage Jambalaya Mixed Beans Green Beans Wheat Bread Seasonal Fruit Milk	Turkey Taco Pinto Beans Fiesta Vegetables Flour Tortilla Lime Gelatin Milk Taco Sauce	Ham and Lima Beans Okra and Tomatoes Cabbage Cornbread Muffin Chocolate Chip Cookie Milk	Country Fried Steak Country Gravy Garlic Whipped Potatoe: Herbed Green Beans Wheat Bread Fudge Creme Cookie Milk	
Salisbury Steak	Parmasan Chia	23	24	2	
Stewed Tomatoes Green Peas Wheat Bread Rocky Road Pudding Milk	Parmesan Chicken Rosemary Potatoes Green Beans Wheat Bread Fresh Orange Milk	Turkey Breast with Gravy Cranberry Sauce Whipped Sweet Potatoes Spring Vegetables Dinner Roll Carrot Raisin Cake Milk	Pork Roast Onion Gravy Northern Beans Brussel Sprouts Wheat Bread Peanut Butter Cookie Milk	Cranberry Dijon Chicker Delmonico Potatoes Green Peas Wheat Bread Birthday Cake Milk	
Meatloaf	29 Beef Frank	30		STANSON STREET	
Brown Gravy Garlic Whipped Potatoes Parslied Carrots Wheat Bread Seasonal Fruit	Baked Beans Tater Gems Hot Dog Bun Fresh Orange Milk	Meatballs w/Mushroom Gravy Steamed Rice Green Peas Cranberry Juice Wheat Bread Cherry Gelatin		TRIO Community Meals	
Milk	Mustard	Milk		an elior company	

Lin Demmest RD, LD

Northwest Louisiana Consortium Frozen Menu December 2022

	ACCOUNT OF THE PARTY OF	THE RESERVE TO THE RE		
Monday	Tuesday	Wednesday	Thursday	Friday
			The second second	
			Savory Chicken	Beef Stew
TDIO			Red Mashed Potatoes	Whole Kernel Corn
IRIO			Japanese Vegetables	Spring Vegetables
Community Meals			Wheat Bread	Wheat Bread
an elior company			Sugar Cookie	Oatmeal Creme Cookie
			Milk	Milk
5	6	7	8	
Creole Steak	Smoked Sausage	Turkey Sloppy Joe	Glazed Ham	Turkey Italian Macaroni
Brussel Sprouts	Red Kidney Beans	Ranch Potatoes	Mashed Spiced Yams	Whole Kernel Corn
Mixed Vegetables	Carrots	Mixed Beans	Green Beans w/Red Peppers	Broccoli
Wheat Bread	Hot Dog Bun	Hamburger Bun	Wheat Bread	Wheat Bread
Chocolate Chip Pudding	Seasonal Fruit	Seasonal Fruit	Carnival Cookie	Fudge Creme Cookie
Milk	Milk	Milk	Milk	Milk
	Mustard		NAME.	IVIIK
12	13	14	15	1
Baked Meatballs	BBQ Chicken Breast	Ham and Northern Beans	Pork Roast	Chicken Cacciatore
Tomato Sauce	Pinto Beans	Steamed Rice	Raisin Sauce	Summer Vegetables
Spaghetti Noodles	Tuscany Vegetables	Spinach	Lima Beans	Green Peas
Green Beans	Wheat Bread	Orange Juice	Broccoli	Wheat Bread
Garden Vegetables	Fresh Orange	Cornbread Muffin	Wheat Bread	SA AN EAST ADDRESS OF THE PROPERTY OF THE PROP
Wheat Bread	Milk	Lemon Gelatin	Peanut Butter Cookie	Rice Krispie Treat Milk
Seasonal Fruit		Milk	Milk	IVIIIK
Milk			IVIIIK	
19	20	21	22	2
Lemon Pepper Chicken	Beef Frank	Turkey Chili with Beans	Pork Roast	Beef and Bean Burrito
Country Potatoes	Baked Beans	Steamed Rice	Brown Gravy	Cauliflower
Brussel Sprouts	Glazed Carrots	Whole Kernel Corn	Whipped Potatoes	Carrots
Wheat Bread	Hot Dog Bun	Cranberry Juice	Green Peas	Subsect dissipations are
Applesauce	Seasonal Fruit	Saltine Crackers	Dinner Roll	Birthday Cake
Milk	Milk	Banana Pudding w/Wafers	Applesauce Cake	Milk
	Mustard	Milk	Milk	Taco Sauce
		,,,,,,,	IVIIIK	
26	27	28	29	2
Swiss Steak	Sausage Jambalaya	Turkey Taco	Sliced Ham	Country Fried Steak
Whole Kernel Corn	Mixed Beans	Pinto Beans	Red Eye Gravy	Country Gravy
Glazed Carrots	Green Beans	Fiesta Vegetables	Black-eyed Peas	Garlic Whipped Potatoe:
Wheat Bread	Wheat Bread	Flour Tortilla	Cabbage	Herbed Green Beans
Fresh Orange	Seasonal Fruit	Lime Gelatin	Corn Muffin	
Milk	Milk	Milk	Chocolate Chip Cookie	Wheat Bread
	2000-000000	Taco Sauce	Milk	Fudge Creme Cookie
		. acc Junet	IVIIIK	Milk

Lin Donner RD, UD