



BCOA 2024 Bearkat Site Daily Activities Calendar

Operational Hours- M-TH 7:30-4:30p/F-R 7:30-2:30p. Cards, dominoes, puzzles & exercise equipment are available during working hours. We are always looking for volunteers! If you would like to see a specific activity added to our calendar, please call us at 318-741-8302 with your suggestions. Visit our website for additional information. Like us on Facebook! Bossier Council on Aging

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
	<p><u>NOTE: IMPORTANT INFORMATION</u> Reservations must be made in advance of the current day using the Kiosk to ensure a meal is reserved for you.</p>	<p>Bossier Council on Aging activities are subject to change. Always call with any questions about our scheduled activities</p>		<p>***Food Bank*** We will no longer have designated food bank days. NWLA food bank will deliver as donations allow. Please follow our social media for updates. FB</p>	<p>1) Free Day Friday 7:30-2:30</p>	<p>2)</p>
3)	<p>4) National Pound Cake Day 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Arts & Crafts in the Sunroom</p>	<p>5) 9:15 Chair Exercise by Nancy 10:15 Bean Bag Baseball 10:15 Table Games 12- 3 Pokeno</p>	<p>6) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Mind Games in the Sunroom</p>	<p>7) 9:15 Chair Exercise by Nancy 10:15 Bingo by Oak Street Health</p>	<p>8) Free Day Friday 7:30-2:30</p>	<p>9)</p>
10	<p>11) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Arts & Crafts in the Sunroom</p>	<p>12) Plant a Flower Day 9:15 Chair Exercise by Nancy 10:15 Bean Bag Baseball</p>	<p>13) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Puzzles in the Sunroom</p>	<p>14) National Popcorn Day 9:15 Chair Exercise by Nancy 10:15 Bingo by Brookdale Wear Green for St Patty's Day Bingo</p>	<p>15) Free Day Friday 7:30-2:30</p>	<p>16)</p>
17)	<p>18) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Arts & Crafts in the Sunroom</p>	<p>19) First Day of Spring 9:15 Chair Exercise by Nancy 10:15 Bean Bag Baseball 10:00 Spring Games on the Lawn</p>	<p>20) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Birthday Celebration in the Sunroom</p>	<p>21) 9:15 Chair Exercise by Nancy 10:15 Bingo by Bristol Hospice</p>	<p>22) Free Day Friday 7:30-2:30</p>	<p>23)</p>
24)	<p>25) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Arts & Crafts in the Sunroom – Easter Bonnet or Basket</p>	<p>26) Wear a Hat Day 9:15 Chair Exercise by Nancy 10:15 Bean Bag Baseball 10:00 St Luke Mobile Bus</p>	<p>27) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Board Games in the Sunroom</p>	<p>28) 9:15 Chair Exercise by Nancy 10:15 Easter Parade Bingo</p>	<p>29) CLOSED Good Friday</p>	<p>30)</p>