



BCOA 2024 Bearkat Site Daily Activities Calendar

Operational Hours- M-TH 7:30-4:30P/Fri 7:30-2:30p. Cards, dominoes, puzzles & exercise equipment are available during working hours. We are always looking for volunteers! If you would like to see a specific activity added to our calendar, please call us at 318-741-8302 with your suggestions. Visit our website for additional information. Like us on Facebook! Bossier Council on Aging

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
	<p><u>NOTE: IMPORTANT INFORMATION</u> Reservations must be made in advance of the current day using the Kiosk to ensure a meal is reserved for you.</p>	<p>Bossier Council on Aging activities are subject to change. Always call with any questions about our scheduled activities</p>	<p>1) 9:15 Bingocize 10:15 NO YOGA 10:15 Mind Games in the Sunroom</p>	<p>2) 9:15 Chair Exercise by Nancy 10:15 Bingo by Oak Street Health **Cinco de Mayo**</p>	<p>3) Free Day Friday 7:30-2:30</p>	<p>4)</p>
5)	<p>6) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Arts & Crafts in the Sunroom</p>	<p>7) 9:15 Chair Exercise by Nancy 10:15 Bean Bag Baseball 10:15 Arts & Crafts 12- 3 Pokeno</p>	<p>8) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Arts & Crafts in the Sunroom</p>	<p>9) 9:15 Chair Exercise by Nancy 10:15 Bingo by Brookdale **Mother's Day Celebration**</p>	<p>10) Free Day Friday 7:30-2:30</p>	<p>11)</p>
12)	<p>13) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Arts & Crafts in the Sunroom</p>	<p>14) 9:15 Chair Exercise by Nancy 10:15 Bean Bag Baseball 10:15 Arts & Crafts</p>	<p>15) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Arts & Crafts in the Sunroom</p>	<p>16) 9:15 Chair Exercise by Nancy 10:15 Bingo by STAT Home Health</p>	<p>17) Free Day Friday 7:30-2:30</p>	<p>18)</p>
19)	<p>20) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Arts & Crafts in the Sunroom</p>	<p>21) 9:15 Chair Exercise by Nancy 10:15 Bean Bag Baseball 10:15 Arts & Crafts</p>	<p>22) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Birthday Celebration in the Sunroom</p>	<p>23) 9:15 Chair Exercise by Nancy 10:15 Bingo</p>	<p>24) Fish Fry & Health Fair</p>	
26)	<p>27) Site Closed MEMORIAL DAY <i>REMEMBER THOSE WHO HAVE FALLEN</i></p>	<p>28) 9:15 Chair Exercise by Nancy 10:15 Bean Bag Baseball 10:15 Arts & Crafts</p>	<p>29) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Arts & Crafts in the Sunroom</p>	<p>30) 9:15 Chair Exercise by Nancy 10:15 Bingo</p>	<p>31) Free Day Friday 7:30-2:30</p>	