



BENTON ACTIVITIES FOR AUGUST 2024

1 SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	S A
<p>Cards, dominoes & puzzles are available any time. Exercise equipment available during working hours. We are always looking for volunteers! If you would like to see an activity added on our calendar, please call for suggestions at 318-965-9981. Hours of Operation: MON-THUR 9:00 am – 12:00pm. Lunch served at 11:30 a.m. Activities are subject to change!</p> <p style="text-align: center;">Please call ahead for your meal reservation.</p> <p style="text-align: right;">Benton Site 202 Sibley St Benton, LA. 71006</p>						
				<p>1 9:00 Coffee/Conversation/ 9:15 Walk with Ease 10:00 Beanbag Baseball</p>	<p>2 CLOSED</p>	3
4	<p>5 9:00 Coffee/Conversation 9:15 Chair Aerobics 10:00 Beanbag Baseball</p>	<p>6 9:00 Coffee /Conversation 10:00 Walk with Ease</p> <p>Wiggle Your Toes Day</p>	<p>7 9:00 Coffee/Conversation 9:15 CPR Demonstration (Benton Fire District – Tim Turner) 10:00 Bingo</p>	<p>8 9:00 Coffee/Conversation/ 9:15 Walk with Ease 10:00 Beanbag Baseball</p>	<p>9 CLOSED</p>	10
11	<p>12 9:00 Coffee/Conversation 9:15 Chair Aerobics 10:00 Beanbag Baseball</p>	<p>13 9:00 Coffee/Games 9:30 Conversation with Michelle Hughes with Weatherization Assistance applications and services</p>	<p>14 9:00 Coffee/Conversation/ 10:00 Bingo</p> <p>National Creamsicle Day</p>	<p>15 9:00 Coffee/Conversation 9:15 Walk with Ease 10:00 Beanbag Baseball</p>	<p>16 CLOSED</p>	17
18	<p>19 9:00 Coffee/Conversation 9:15 Chair Aerobics 10:00 Beanbag Baseball</p> <p>National Potato Day</p>	<p>20 9:00 Coffee & conversation/Games 10:00 Walk with Ease</p> 	<p>21 9:00 Coffee/Conversation 10:00 Bingo sponsored by Statewide Insurance (Dr. Richie Bell, Jr.)</p>	<p>22 9:00 Coffee/Conversation/Games 9:15 Walk with Ease 10:00 Beanbag Baseball</p>	<p>23 CLOSED</p>	24
25	<p>26 9:00 Coffee/Conversation 9:15 Chair Aerobics 10:00 Beanbag Baseball</p> <p>National Toilet Paper Day</p>	<p>27 9:00 Coffee /Conversation/Games 10:00 Walk with Ease</p> <p>Just Because Day</p>	<p>28 9:00 Coffee/Conversation/Games 10:00 Bingo sponsored by Hand in Hand (Kim)</p> <p>Birthday Celebration</p> 	<p>29 9:00 Coffee /Conversation with Abigail McAlister LSU AgCenter Seasoning with herbs & spices 10:00 Beanbag Baseball</p> <p>More Herbs, Less Salt Day</p>	<p>30 CLOSED</p>	31